

ETHS Students' Guide to Evanston Soup Kitchens & Food Pantries*

The following is a list of weekly soup kitchens and food pantries that need good, hard-working volunteers. Check the prerequisite to clarify whether you need to sign up ahead of time, contact the soup kitchen/pantry coordinator(s) or if you can simply show up.

Things to keep in mind while volunteering at a soup kitchen/food pantry:

- Show up early or at least on-time
- Wear appropriate shoes and clothing (no flip flops, preferably shirts with short/long sleeves)
- After completing a task, ask what else you can do to help
- Remember if anyone is still working, the job isn't done and you should pitch in until the work is done
- Food that is served with dignity, compassion and care is better for everyone.

Soup Kitchen	When	Where	Prerequisite	Who to Contact
Beth Emet	Wednesdays 5pm-7:30pm	Beth Emet The Free Synagogue, 1224 Dempster, Evanston IL 60202	Contact the Soup Kitchen	bethemetsoupkitchen@gmail.com 847-869-4230
Soup at Six	Tuesdays 4pm-6pm	Hemenway United Methodist Church, 933 Chicago Avenue (enter in rear by the playground)	n/a	Julie Cowan-- info@ soupatsix.org
Harvest Food Pantry	Every Wednesday 5:00-8:30pm	Vineyard Church 2495 West Howard Street behind Target	Email to sign up by the Monday of each week	harvest@ evanstonvineyard.org
First United Methodist	Thursdays 6pm	First United Methodist Church 516 Church Street	Contact the Soup Kitchen	soupkitchen@ faithatfirst.com
Hillside Food Pantry	Saturdays 2-4pm	2727 Crawford Avenue in Evanston behind Lovelace Park near Centennial Pool	Contact Susan Gottlieb	Susan Gottlieb susangottlieb@ comcast.net
St. Paul's Lutheran	Sundays Set-Up 1pm Clean-Up 4pm	St. Paul's Lutheran Church 1004 Greenwood St..at Maple Ave.	Contact the Soup Kitchen	office@stpaulvanston.org 847-475-3403
A Just Harvest	Everyday 4-7:30pm	7649 N. Paulina, Chicago (Right on the Howard border near the Howard El)	Contact the Soup Kitchen	volunteer@ajustharvest.org 773-262-2297 ext. 24
Hilda's Place	Contact them for available dates	Lake Street Church 607 Lake St. at Chicago Ave.	Contact the Soup Kitchen	volunteer@ cfthinc.org

*This information is subject to change. For the most current info, contact the kitchen or pantry directly.

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